## **Building Credibility: My Tracker**



My Action	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6	Wk7	Wk8	Wk9	Wk10	Wk11	Wk12
POST Write an original post, sharing an article or POV (at least 1 per week)												
ENGAGE Comment on someone else's content or share with your comment (at least 1 per week)												
PUBLISH Create & publish original content (article or video) on your chosen topics (at least 1 per month)				•								